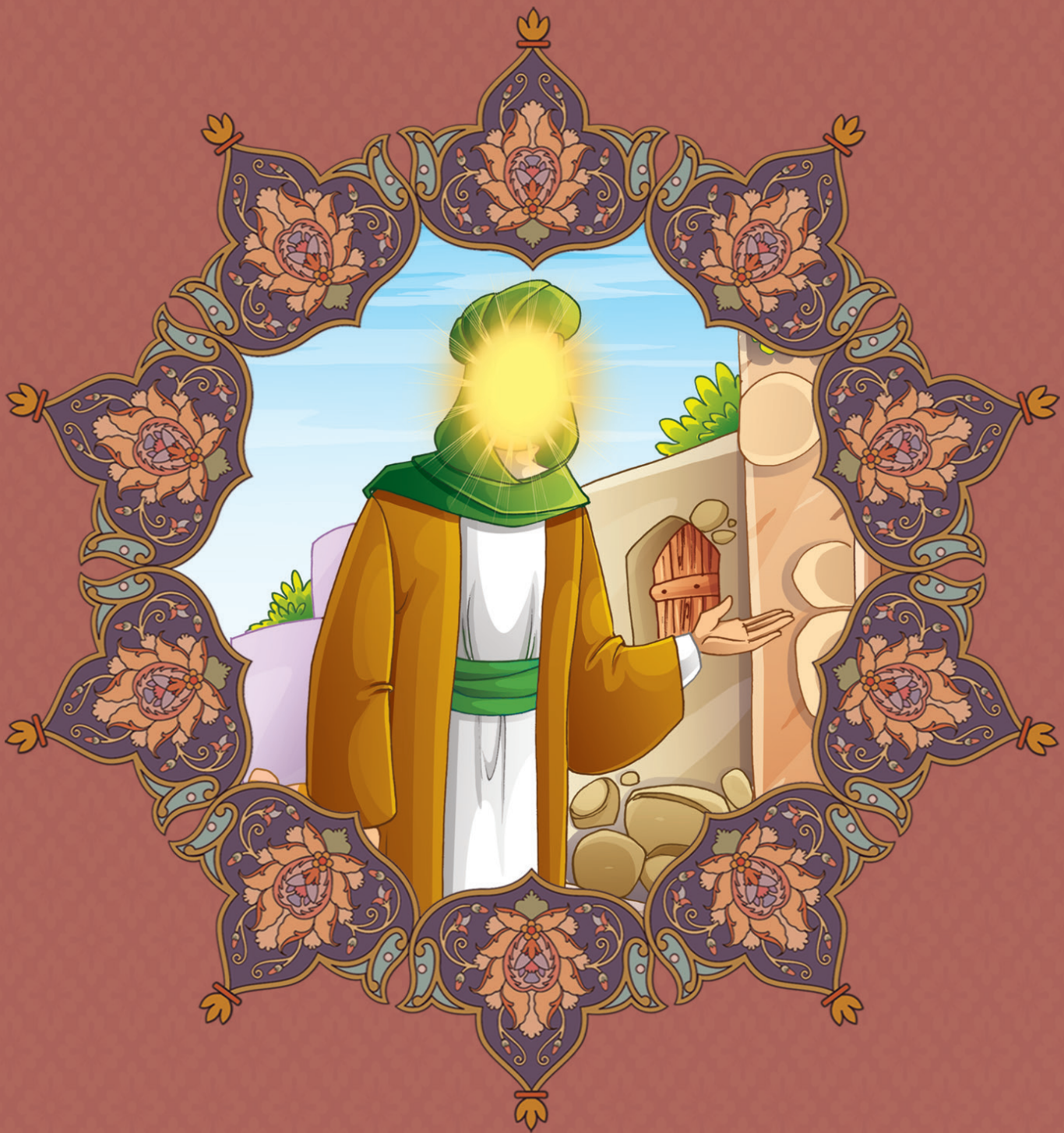
THE GUIDING LIGHT

Coloring Book



KISA KIDS PUBLICATIONS

GUIDED BY MOULANA NABI R. MIR (ABIDI)

Dedication

This book is dedicated to the beloved Imām of our time (ʻaj). May Allah (swt) hasten his reappearance and help us to become his true companions.

Acknowledgments

Prophet Muḥammad (ṣ): The pen of a writer is mightier than the blood of a martyr.

True reward lies with Allah, but we would like to sincerely thank the efforts of Brother Aliakbar Shaheidari and Sisters Sabika Mithani, Liliana Villalvazo, Zahra Sabur, Noor Kraus, Fatima Hussain, Sumaiya Mithani, Fizza Moalem, Sajeda Merchant, Shahista Asgaraly, Sarah Assaf, Fatemeh Eslami, Israa Safieddine, Abeda Khimji, Zehra Abbas and Elham Shaheidari. We would especially like to thank Nashr Kumeh Publications for their artwork and contributions. May Allah bless them in this world and the next.

Marḥūmīn Dedication

For our daughter Shireen Ahsan, who loved the Ahl al-Bayt, and was loved by all around her, please recite a Sūrah al-Fātiḥah.

Preface

Prophet Muḥammad (ṣ): Nurture and raise your children in the best way. Raise them with the love of the Prophets and the Ahl al-Bayt (ʻa).

Literature is an influential form of media that often shapes the thoughts and views of an entire generation. Therefore, in order to establish an Islamic foundation for future generations, there is a dire need for compelling Islamic literature. Over the past several years, this need has become increasingly prevalent throughout Islamic centers and schools everywhere. Due to the growing dissonance between parents, children, society, and the teachings of Islam and the Ahl al-Bayt (ʻa), this need has become even more pressing. Al-Kisa Foundation, along with its subsidiary, Kisa Kids Publications, was conceived in an effort to help bridge this gap with the guidance of ʻulamāʼ and the help of educators. We would like to make this a communal effort and platform. Therefore, we sincerely welcome constructive feedback and help in any capacity.

The goal of The Guiding Light is to help children learn that Islam is a holistic religion that shows the best way to lead our lives in all different areas!

With Duʻās,
Nabi R. Mir (Abidi)

Disclaimer: Religious texts have not been translated verbatim so as to meet the developmental and comprehension needs of children.

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Discovering Allah

When we think about Allah, it should be with an outlook of love, honor, mercy, and compassion. After all, He is involved and helps us in all our affairs. One way that we can strengthen our remembrance of Allah is by looking at and appreciating His blessings. By doing so, we are able to see Allah everywhere and in everything.

1 Begin with Bismillāh

And he [Prophet Nūḥ] said [to the travellers], “Board it [the ark] with the Name of Allah, and it shall set sail and cast anchor.”

Sūrah Hūd, Verse 41

Prophet Muḥammad (ṣ):
If you say “Bismillāh” [before starting anything], the angels will protect you all the way until you reach Heaven.

Fiqh ar-Riḍā (ʿa), P. 342

2 Always Remember Allah

Remember Me, and I will remember you.

Sūrah al-Baqarah, Verse 152

Prophet Muḥammad (ṣ):
Allah loves those who always remember Him.

Al-Kāfī, Vol. 2, P. 499

3 Ask Allah for Health

And when I get sick, it is [Allah] who cures me.

Sūrah ash-Shuʿarāʾ, Verse 80

Imām Ḥasan (ʿa):
Indeed, this Qur'ān heals hearts.

Jāmiʿ al-Akhbār, Vol. 1, P. 164

4 Allah Watches Us

Does he not know that Allah sees (everything)?

Sūrah al-ʿAlaq, Verse 14

Imām Muḥammad al-Jawād (ʿa): Know that you will never escape from Allah's sight, so be careful about how you behave.

Tuḥaf al-ʿUqūl, P. 455

5 Be Happy with Allah's Decisions

And Allah knows what you do not know.

Sūrah al-Baqarah, Verse 216

Imām ʻAlī (ʻa):
Be content (with what you have), and you will be at peace.

Ghurar ul-Ḥikam, Ḥadīth #2243

Family in Islam

Islam places great emphasis on the importance of family. A prospering society is made up of healthy families, which are the essence of a society. The ideal Islamic family is one with a warm, nurturing atmosphere whose positive effects are manifest in everyone, especially the children. In fact, the beneficial effects of a positive family environment transcend beyond the household, and its blessings are palpable within the society at large.

1 Be Kind to Your Parents

And be good and kind to your parents.

Sūrah al-Baqarah, Verse 83

Prophet Muḥammad (ṣ):
Whoever makes his mother and father happy has indeed made Allah happy.

Kanz al-ʿUmmāl, Vol. 12

2 Seek Advice

And seek advice from others for important matters [in your life].

Sūrah Āl ʿImrān, Verse 159

Prophet Muḥammad (ṣ):
There is no regret for the one who asks for advice [from the right people].

Biḥār ul-Anwār, Vol. 75, P. 83

3 Family Secrets

Do not tell your secrets to just anyone.

Sūrah Āl-ʿImrān, Verse 118

Imām Mūsā al-Kāẓim (‘a):
If you watch what you say, you will have more honor and respect.

Biḥār ul-Anwār, Vol. 75, P. 83

4 Speak Nicely

Tell My servants to speak in the best way.

Sūrah al-Isrāʾ, Verse 53

Imām ʻAlī (ʻa):
Speak to others nicely, and you will also hear a nice reply from them.

Ghurar al-Ḥikam, P. 436

5 Work As A Team

And help each other be good and God-conscious.

Sūrah al-Mā'idah, Verse 2

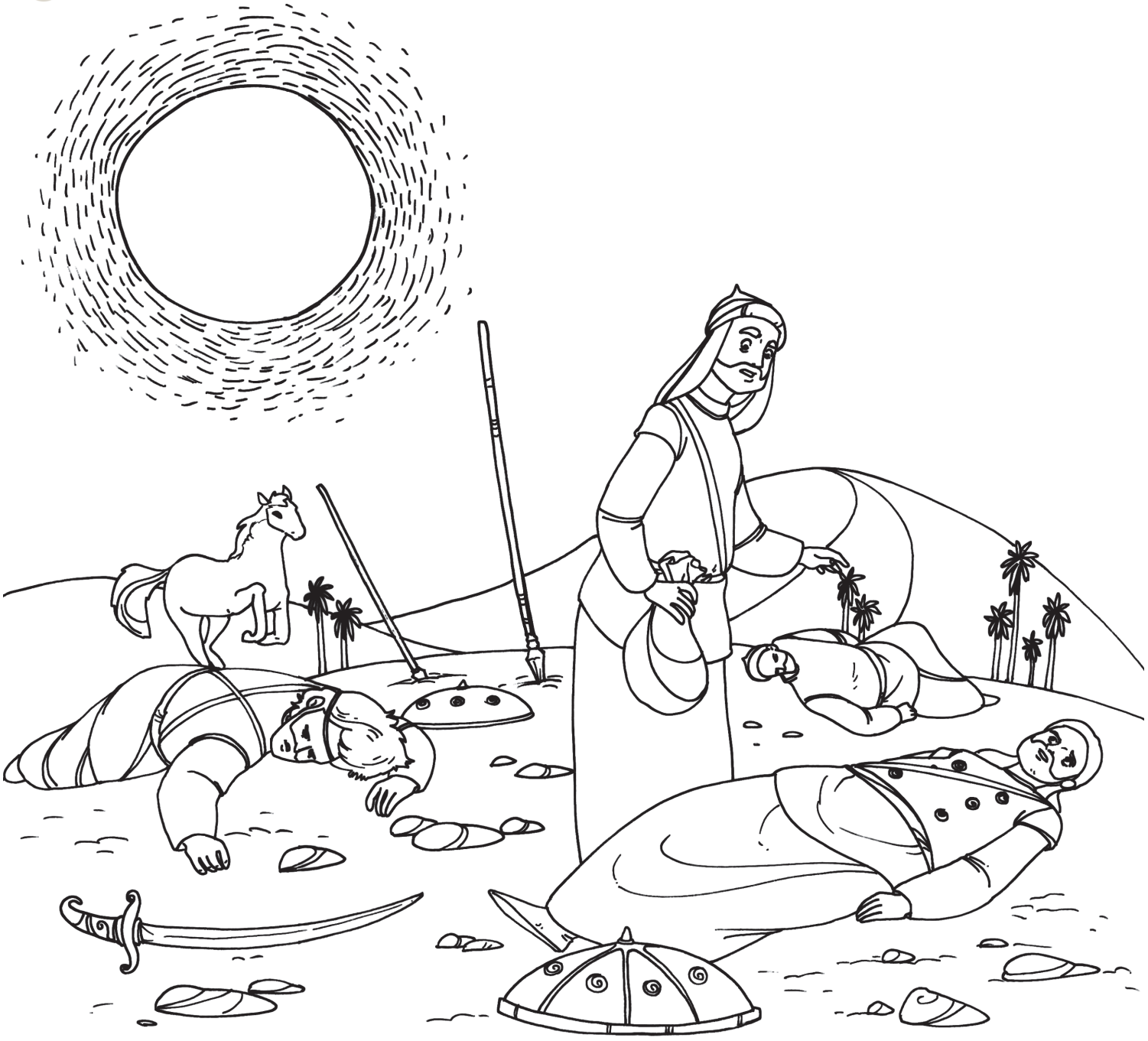
Prophet Muḥammad (ṣ):
The best people are those who are most helpful to others.

Kanz al-'Ummāl, Vol.1, P.142

Friendship in Islam

Islam places great emphasis on friendship, especially having friendships that are rooted in the remembrance and love of Allah. Since our friends influence us greatly, we should select those people who remind us of Allah. When we have strong friendships, we are able to build a strong community, which creates a better future for the generations to come.

1 Treat Your Friends Like Your Brothers or Sisters



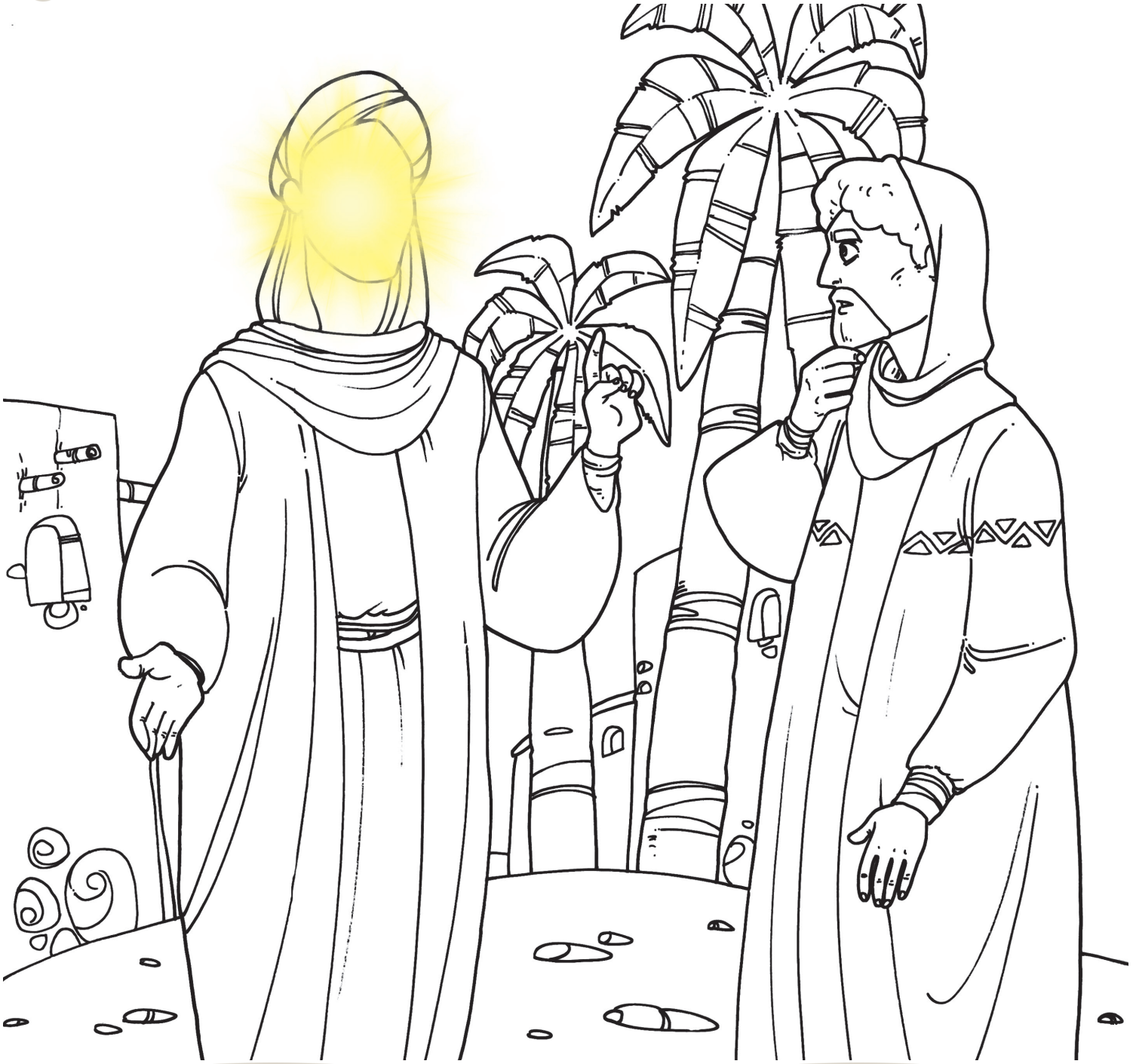
Surely, believers are brothers (and sisters) to each other.

Sūrah al-Ḥujurāt, Verse 10

Prophet Muḥammad (ṣ):
Greet your friends with a smile on your face.

Mīzān al-Ḥikmah, #113

2 Choose Honest People to Be Your Friends



Be with the truthful.

Sūrah at-Tawbah, Verse 119

Imām Muḥammad al-Bāqir (‘a):
Beware of making friends with a liar.

Al-Kāfī, Vol. 2, P. 376

3 Bring People Together

Make peace between your brothers (and sisters).

Sūrah al-Ḥujarāt, Verse 10

Prophet Muḥammad (ṣ):
If someone breaks their relationship with you, you should try to fix it.

Tuḥaf ul-ʿŪqūl, P. 305

4 Avoid Namecalling

And do not call each other bad names.

Sūrah al-Ḥujarāt, Verse 11

Prophet Muḥammad (ṣ):
Call your friends by their favorite names.

Nahj al-Faṣāḥah, #1293

5 Give Good Gifts

And when someone greets you, reply with a better greeting.

Sūrah an-Nisāʾ, Verse 86

Prophet Muḥammad (ṣ):
Exchanging gifts will bring you closer to each other.

Mīzān al-Ḥikmah, #6369

Guests in Islam

Having guests and being able to host a visitor is a great honor for a Muslim. There are many akhlāqi guidelines on both how to be a guest and how to host a guest. If followed, these guidelines can create an honored and holy relationship that has great blessings for both individuals.

1 Guests and Invitations

When you are invited, then enter.

Sūrah al-Aḥzāb, Verse 53

Imām ʻAlī (ʻa):
It is not good to go to someone's house without being invited.

Farhangnāmeh Mehmanī, Muḥammad Rey Shahrī, Ḥadīth #224

2 Saying Salām

So say “Salāmun ʻalaykum” [Peace be upon you].

Sūrah al-Anʿām, Verse 54

Imām Muḥammad al-Bāqir (ʻa): Surely, Allah loves those who help the needy and greet others with salām [speak and act peacefully].

Al-Maḥāsin, Vol. 2, P. 388, Ḥadīth #7

3 Make Space for Others

Make room for each other [in a gathering], and Allah will make room for you [in Jannah].

Sūrah al-Mujādilah, Verse 11

Prophet Muḥammad (ṣ):
When you are sitting in a gathering, make space for other people.

Nahj ul-Fasāḥah, Ḥadīth #1293

4 Do Not Whisper in a Gathering

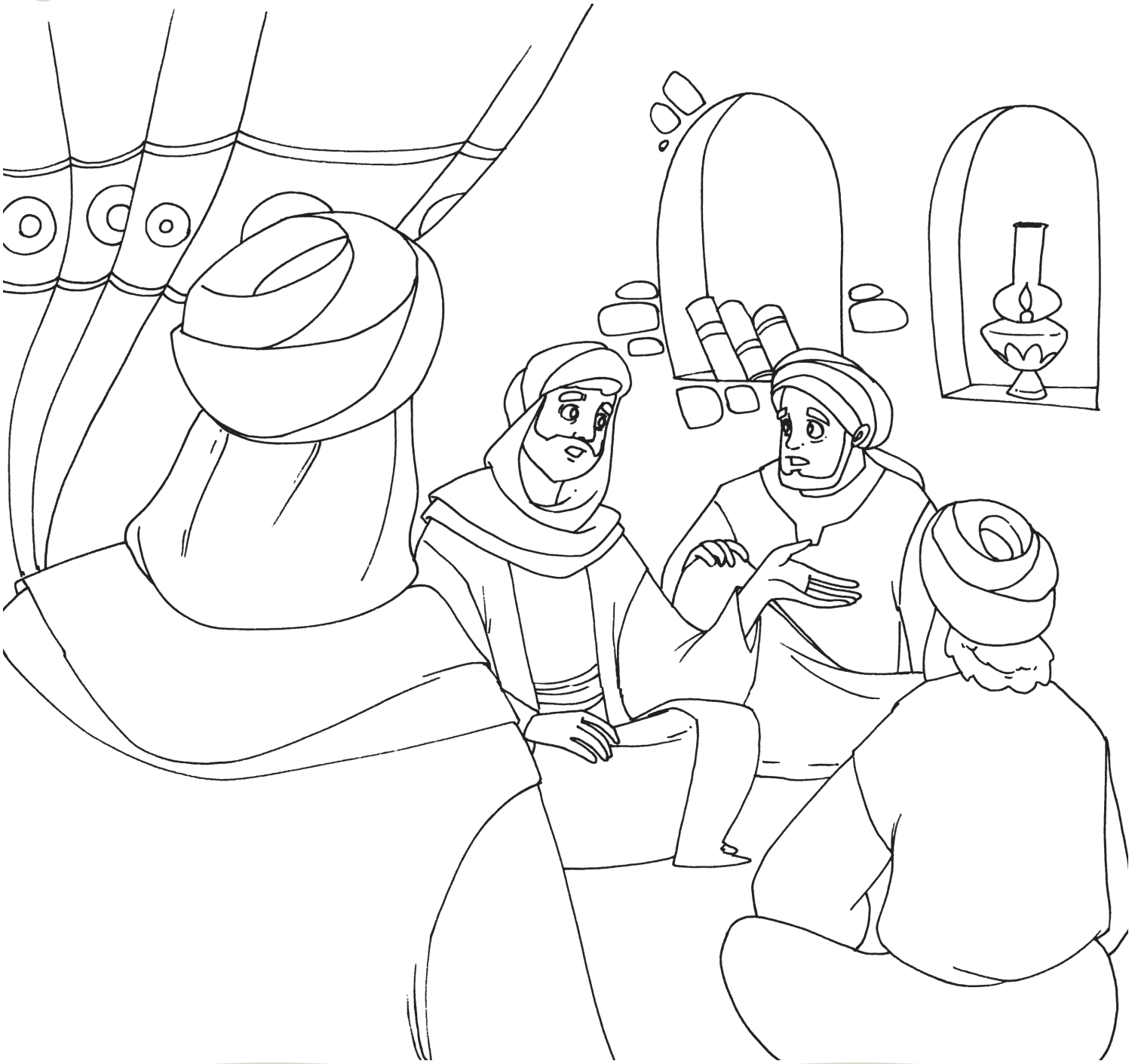
Surely, whispering [while you're in a gathering] is from Shayṭān

Sūrah al-Mujādilah, Verse 10

Prophet Muḥammad (ṣ):
Do not whisper to someone if there are others around.

Muntakhab Mīzān al-Ḥikmah, Ḥadīth #1082

5 Do Not Overstay Your Visit



Once you have finished your meal, leave soon after and do not lengthen your conversation [by overstaying your visit and causing the host discomfort].

Sūrah al-Aḥzāb, Verse 53

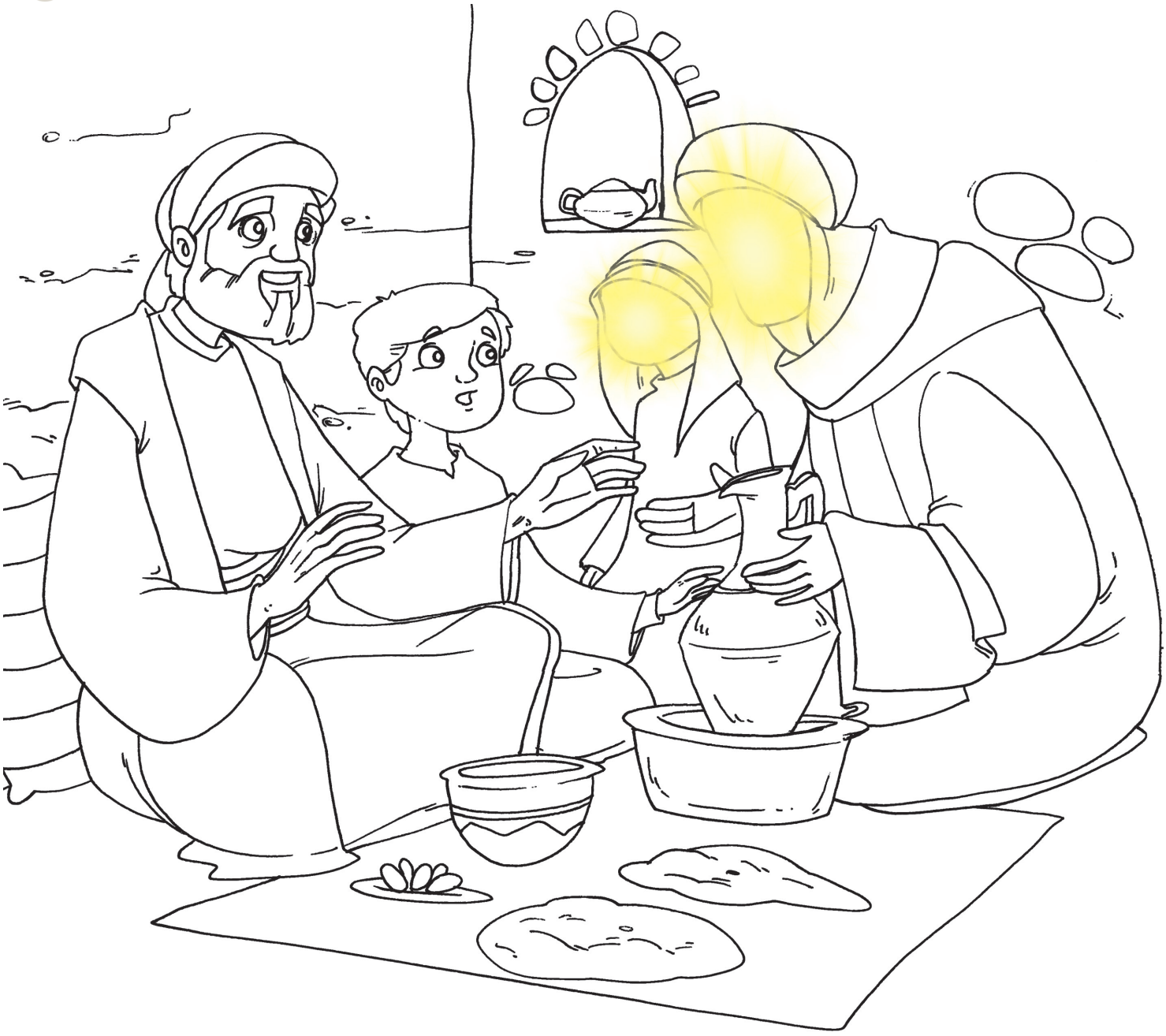
Prophet Muḥammad (ṣ):
It is not good for the guest to become a burden on the host.

Farhangnameh Mehmāni Muḥammad Rey Shahrī, Ḥadīth #214

Cleanliness in Islam

Islam places great significance on cleanliness. However, in addition to external cleanliness, it is also good to remain clean internally and ritually. A human being should always try to remain in a state of cleanliness, spiritual purity, and ṭahārah (ritual purity). When we attain purity in all three areas, we have fulfilled our prerequisites and are ready to worship Allah in the rightful manner.

1 Use Pure Water for Cleaning



And We sent down from the sky purifying water.

Sūrah al-Furqān, Verse 48

Imām Ja'far aṣ-Ṣādiq ('a):
Wash your hands before and after you eat.

Al-Maḥāsin, Vol. 2, #1594

2 Be Clean and Presentable

And Allah loves those who stay pure.

Sūrah at-Tawbah, Verse 108

Prophet Muḥammad (ṣ):
Take care of your hair, brush your teeth, and beautify yourselves.

Kanz ul-ʿUmmāl, Vol. 6, P. 640

3 Wear Clean Clothes

And purify your clothes.

Sūrah al-Muddathir, Verse 4

Prophet Muḥammad (ṣ):
Wash your clothes and be clean.

Kanz al-ʿUmmāl, Vol. 6, P. 640

4 Eat Pure Food

Let him find out which of them has the purest food.

Sūrah al-Kahf, Verse 19

Imām ʻAlī ar-Riḍā (ʻa)
It is from the manners (akhlāq) of the Prophets to be clean.

Muntakhab Mīzān al-Ḥikmah, #6167

5 Keep the City Clean

A clean, pure city.

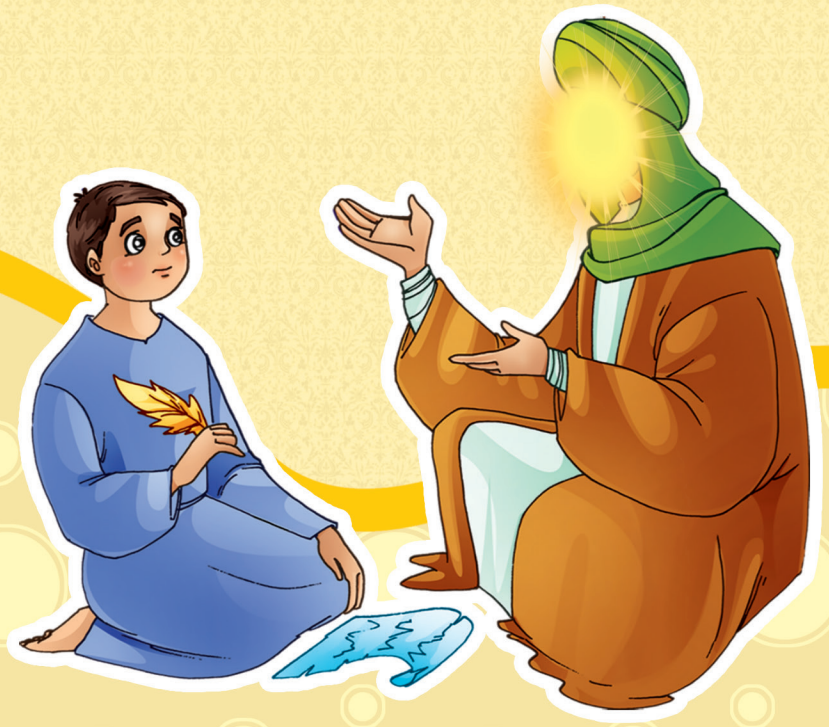
Sūrah Sabāʾ, Verse 15

Prophet Muḥammad (ṣ):
Sweep the front of your houses.

Nahj ul-Faṣāḥah, P. 296

Knowledge in Islam

According to aḥādīth, human beings are in a state of loss, unless they are in one of the following states: (1) learning and understanding, (2) teaching, (3) practicing what they have learned, or (4) preparing to learn or practice. Therefore, it is important for us to constantly seek and attain further knowledge, which includes more than just the systemic school education. Parents should ensure their children are educated holistically and learn all they need to live a successful life both in this world and the next.



1 The Importance of Learning

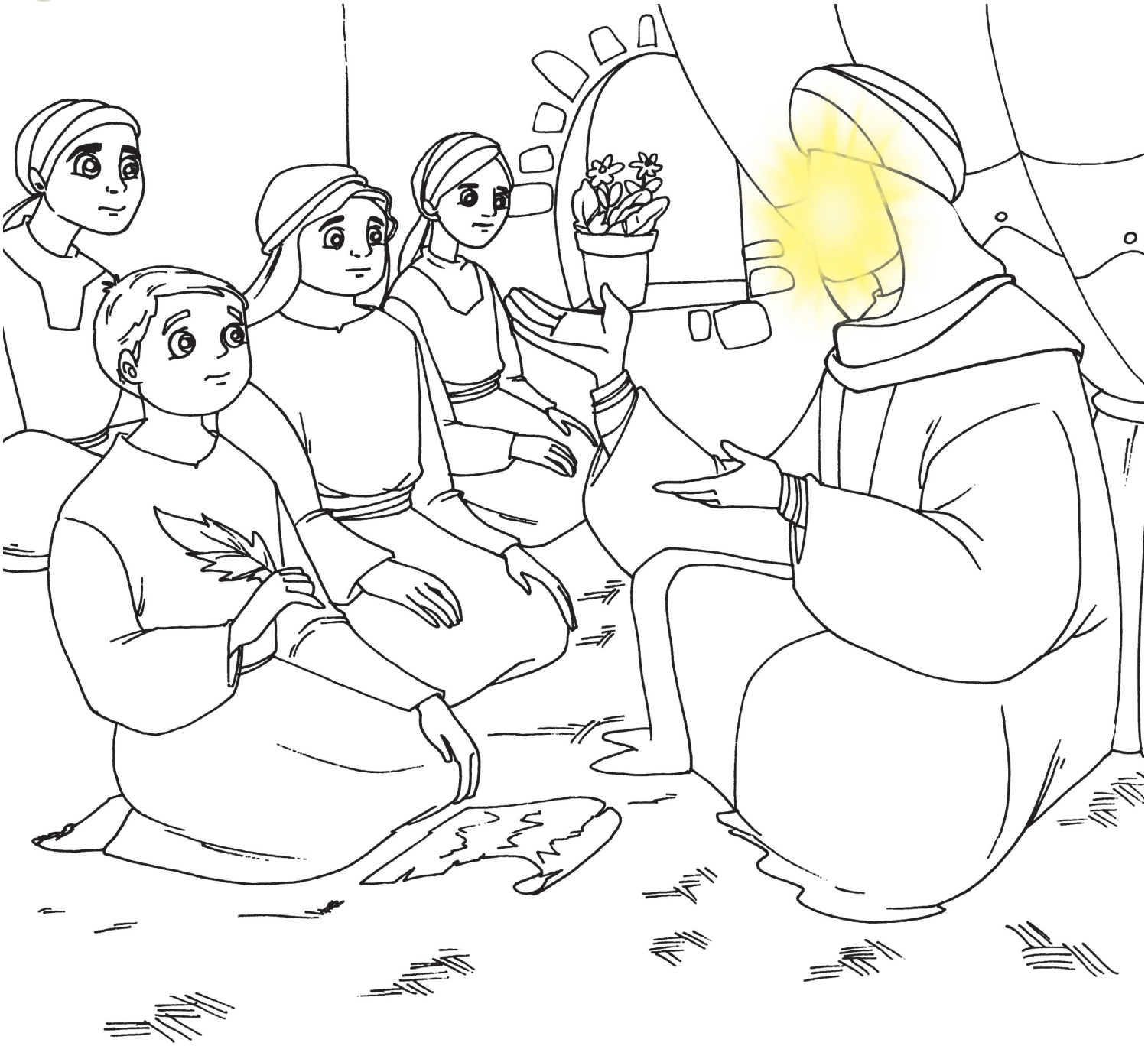
Allah will raise the status of those among you who have faith and have been given knowledge.

Sūrah al-Mujādilah, Verse 11

Prophet Muḥammad (ṣ):
Indeed, angels spread out their wings [out of respect] for the seekers of knowledge.

Biḥār ul-Anwār, Vol. 1, P. 177

2 The Importance of Taking Notes



By the pen and by what they write.

Sūrah al-Qalam, Verse 1

Prophet Muḥammad (ṣ):
Save knowledge through note-taking.

History of Shīʿah Ḥadīth, Vol. 1, P. 17

3 The Importance of Thinking

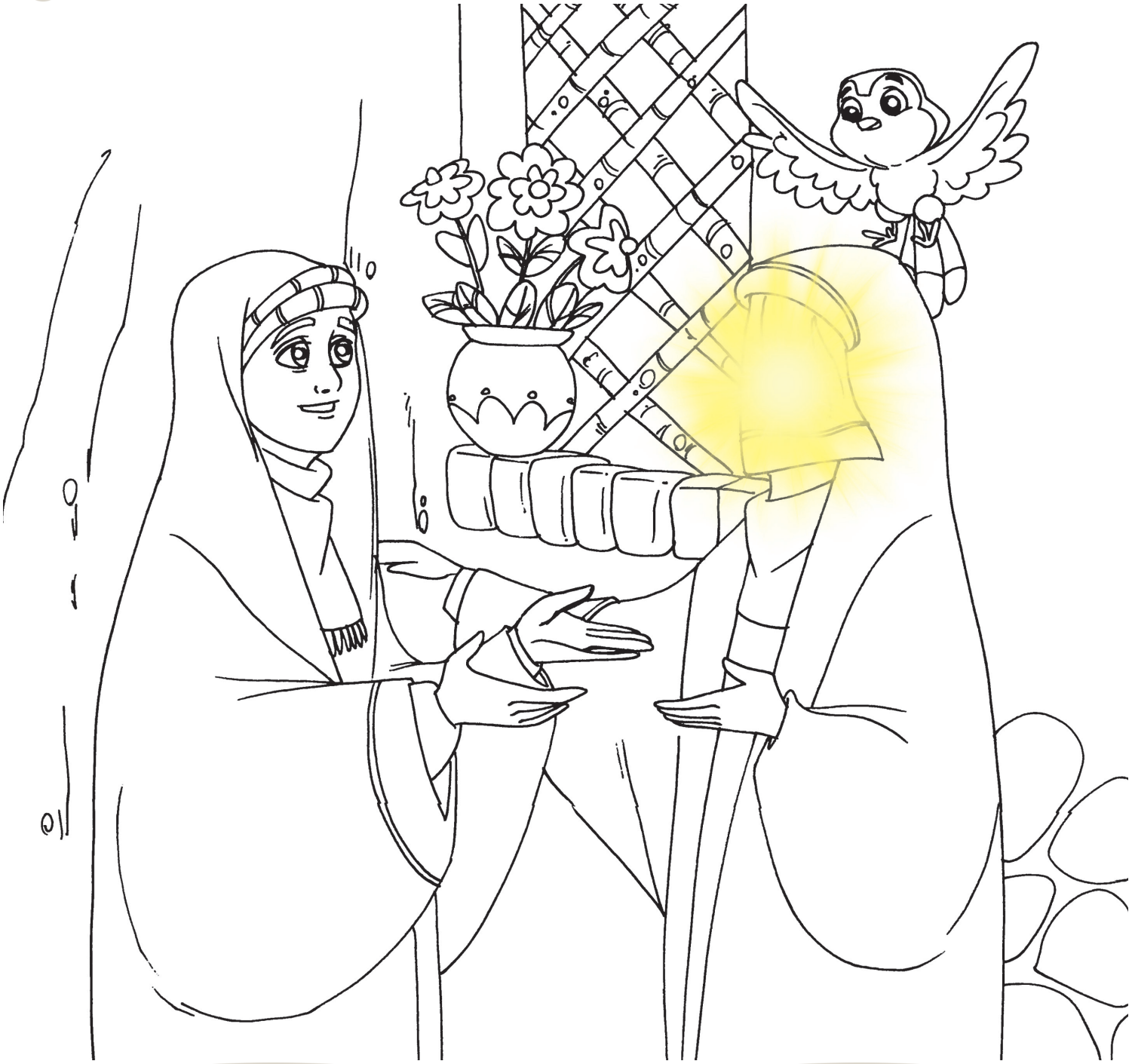
Will you not think?

Sūrah al-Anʿām, Verse 50

Imām ʻAlī (ʻa):
To think about something and try to understand it is more useful than to just read and memorize.

Ghurar al-Ḥikam wa Durrar al-Kalam, #6564

4 The Importance of Asking Questions



If you don't know something, ask those who [know] and always remember Allah.

Sūrah al-Anbiyāʾ, Verse 7

Prophet Muḥammad (ṣ):
A good question is half of knowledge.

Kanz ul-ʿUmmāl, #29260

5 The Importance of Praying for More Knowledge

And say, “My Lord, give me more knowledge.”

Sūrah Tāha, Verse 114

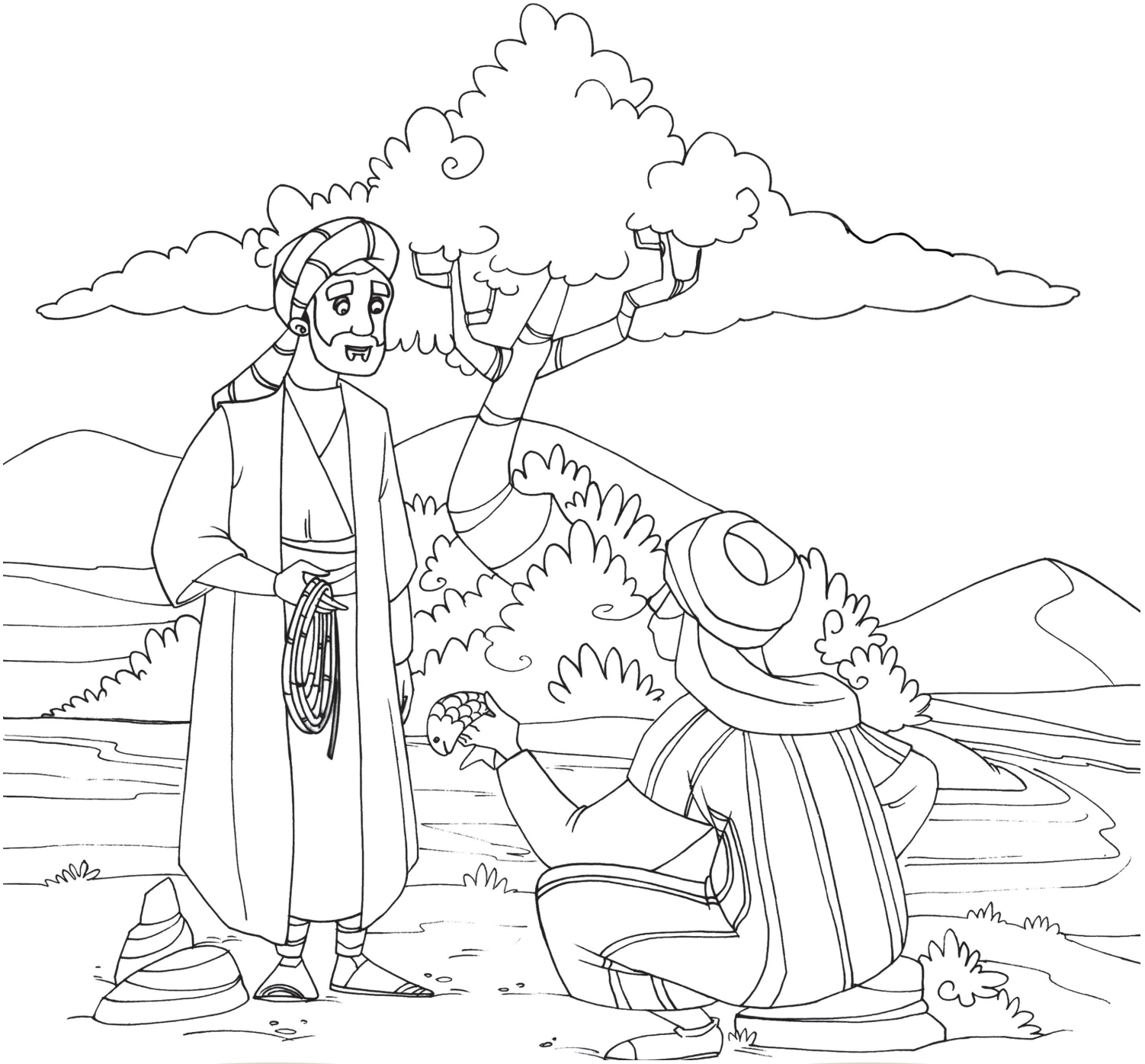
Prophet Muḥammad (ṣ):
Ask Allah for useful knowledge.

Nahj ul-Faṣāḥah, #1743

Nutrition in Islam

We all need food and drink to survive. However, we should look carefully at what we feed our bodies. It is importance for us to work hard to earn ḥalāl sustenance, so that we are not filling our stomachs with haram. After all, Imām Ḥusayn (ʿa) himself said that one of the reasons Yazīd's army was able to stand up against the grandson of the Prophet (ṣ) was because they filled their stomachs with ḥarām. Therefore, we should ensure that we eat foods that are ḥalāl, wholesome, and nutritious, so that we have the strength and health to worship Allah and earn His pleasure.

1 All Rizq Comes From Allah



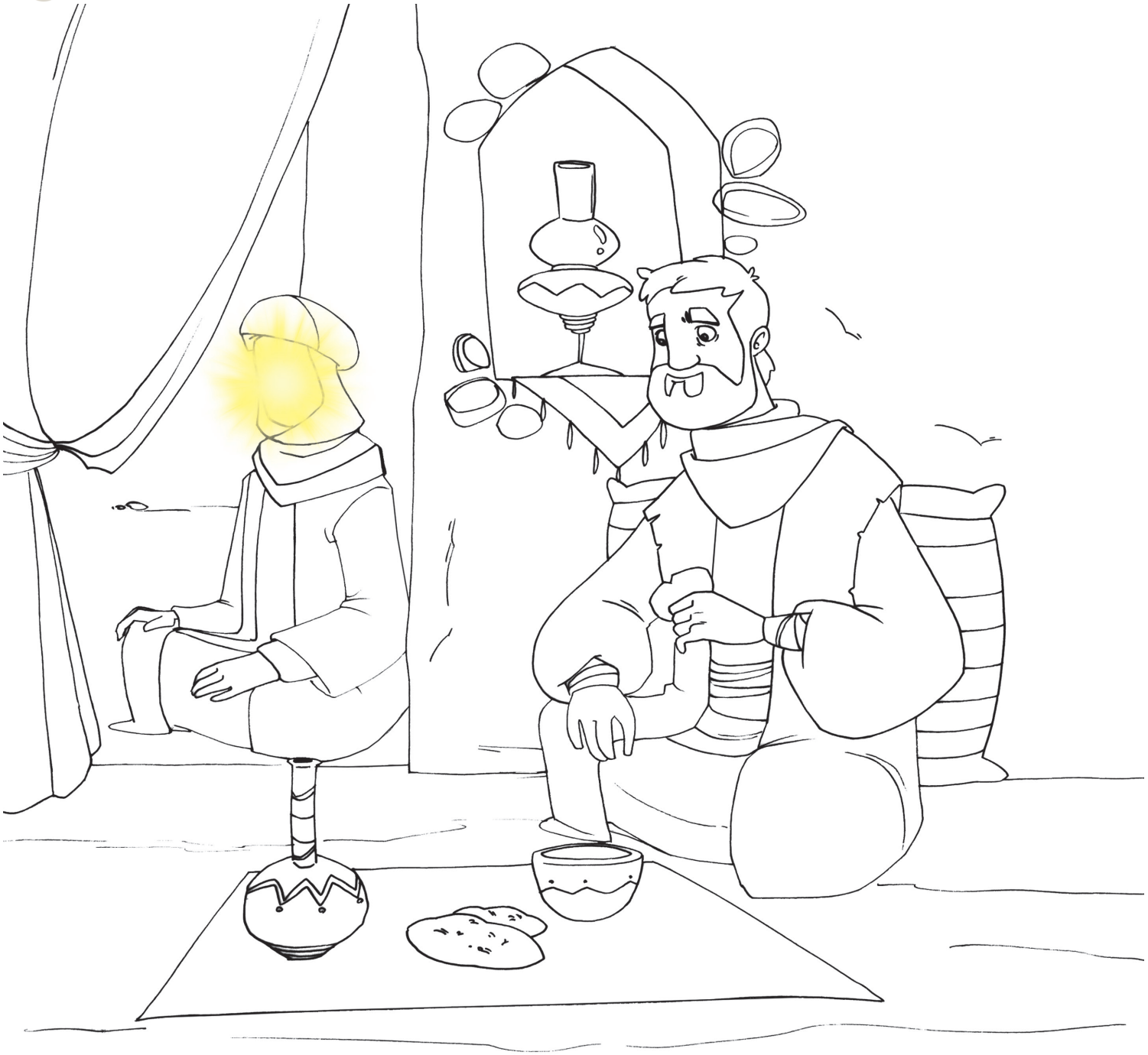
Work hard to get your rizq (sustenance) from Allah.

Sūrah al-ʿAnkabūt, Verse 17

Imām Jaʿfar aṣ-Ṣādiq (ʿa):
When someone is good to his/her family, Allah gives him/her more rizq.

Biḥār ul-Anwār, Vol. 71, P. 10

2 Feed Others



They put others before themselves, even though they are in need.

Sūrah al-Ḥashr, Verse 9

Imām Muḥammad al-Bāqir (ʿa): Surely, Allah loves those who feed others.

Biḥār ul-Anwār, Vol. 71, P. 361

3 Always Thank Allah

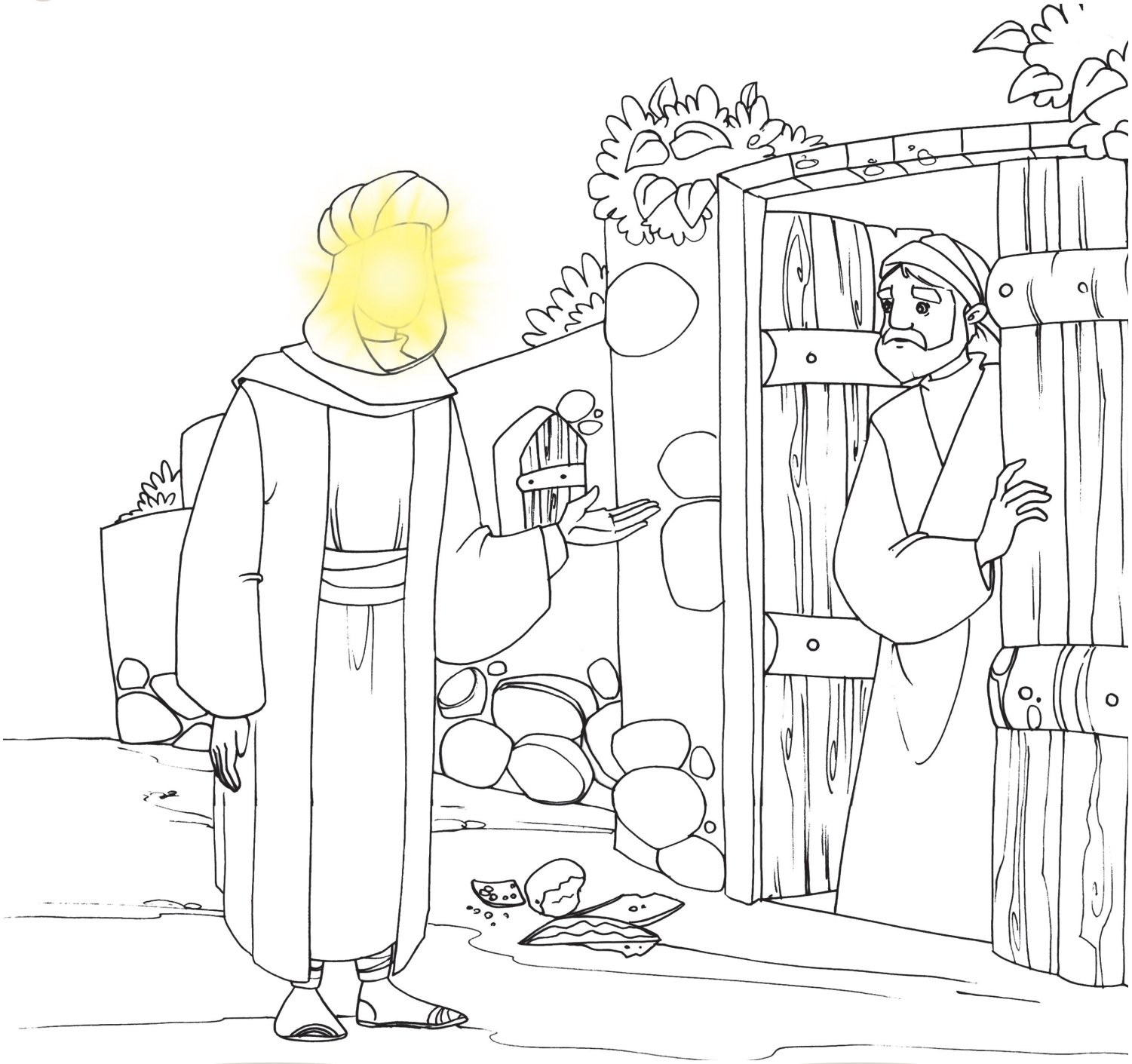
If you are thankful (for the blessings I give you), then I will give you more.

Sūrah Ibrāhīm, Verse 7

Imām Ja'far aṣ-Ṣādiq ('a): Whenever you eat or drink, say "Alḥamdulillāh" (all praise is for Allah).

Biḥār ul-Anwār, Vol. 66, P. 374

4 Use Your Blessings Properly



Eat and drink, but do not waste.

Sūrah al-Aʿrāf, Verse 31

Imām Mūsā al-Kāẓim (ʻa):
When someone wastes a blessing, it may disappear.

Tuḥaf ul-ʿUqūl, P. 301

5 Eat Fresh Fruits

Eat fruits when they are ripe.

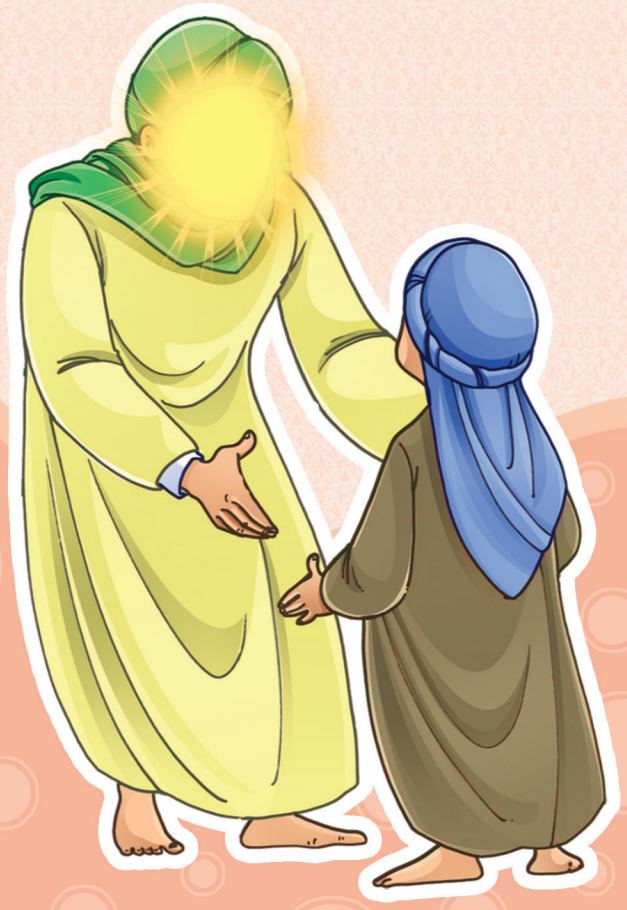
Sūrah al-Anʿām, Verse 141

Imām Jaʿfar aṣ-Ṣādiq (ʿa):
Wash your fruits [so you don't get sick].

Al-Kāfī, Vol. 60, Ḥadīth #4

Spirituality in Islam

In order for our bodies to grow and prosper, they need beneficial food and nutrients. Similarly, in order for our souls to thrive and prosper in reaching their purpose, we must "feed" and nurture them spiritually. Imām Ḥasan (ʿa) has said, "I wonder why people are careful about choosing food for their bodies, but are not careful about the [spiritual] food they feed their souls." One of the best "foods" we can feed our souls is ṣalāh, as this strengthens our connection to our Creator and is one of the best ways to thank Him.



1 Importance of Ṣalāh

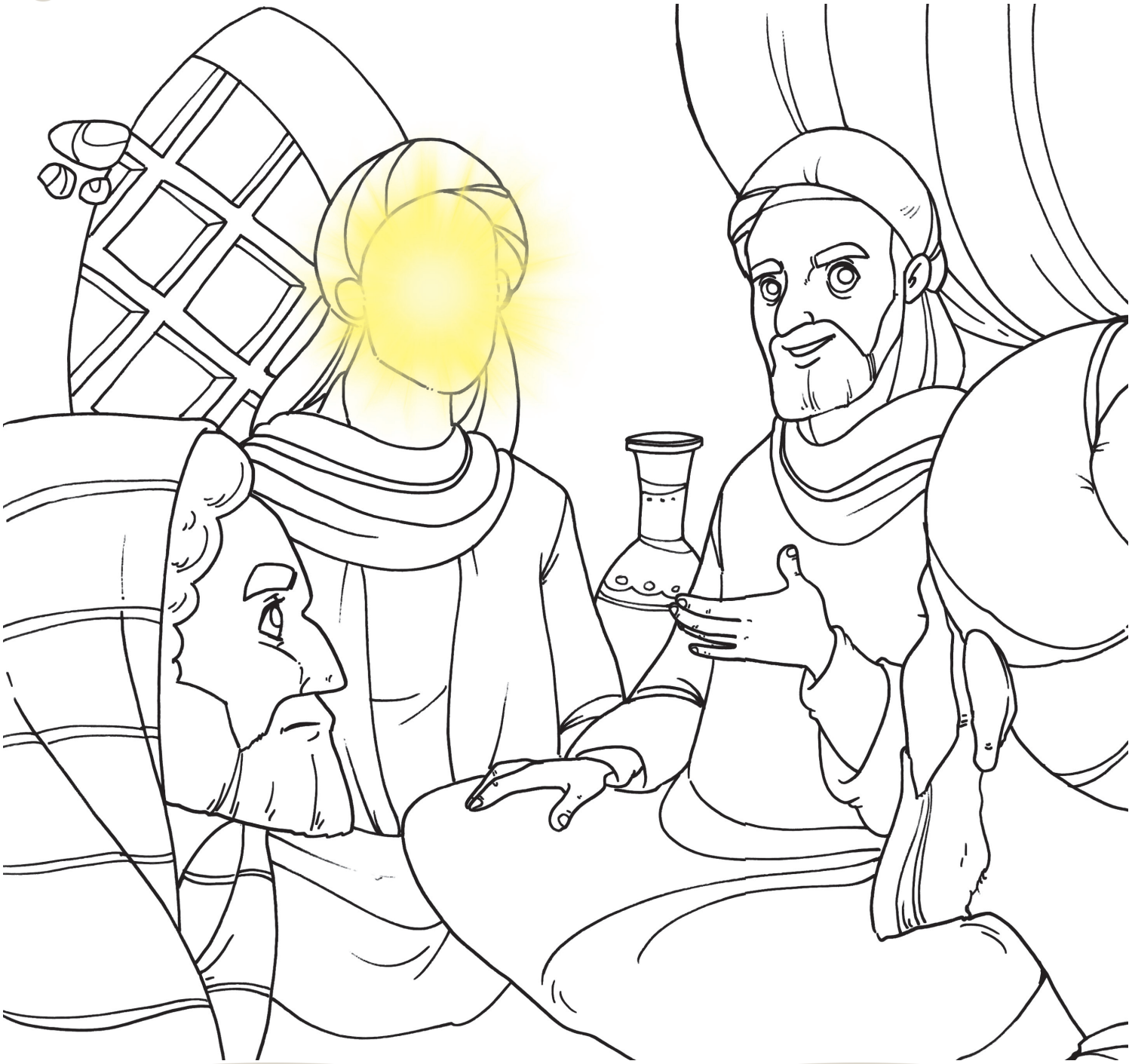
Be mindful of your prayers.

Sūrah al-Baqarah, Verse 238

Prophet Muḥammad (ṣ):
Ṣalāh is the key to Heaven.

Nahj ul-Faṣāḥah, Ḥadīth #1588

2 Importance of Reciting Qur'ān



As much as you can, read from the Qur'ān.

Sūrah al-Muzzammil, Verse 20

Prophet Muḥammad (ṣ):
Whenever you would like to speak to your Lord, read from the Qur'ān.

Kanz ul-ʿUmmāl, Vol. 1, P. 510

3 Importance of Going to the Masjid

Bow down along with those who bow (in prayer).

Sūrah al-Baqarah, Verse 43

Imām Ja'far aṣ-Ṣādiq ('a):
Be sure to go to the masjid on a regular basis, for it is the house of Allah on Earth.

Muntakhab Mīzān al-Ḥikmah, 266

4 Importance of Loving and Following the Ahl al-Bayt

If you love Allah, then follow me (the Prophet), and Allah will love you.

Sūrah Āl-ʿImrān, Verse 31

Imām ʻAlī (ʻa):
Whoever truly loves us (the Ahl al-Bayt) will be with us in Heaven.

Biḥār ul-Anwār, Vol. 10, P. 107

5 Importance of Angels and Reward

Not even a single word is spoken without there being [an angel watching over, ready (to write).

Sūrah Qāf, Verse 18

Imām ʻAlī (ʻa):
Surely, Allah sent angels to record all of our deeds so that nothing goes unreported.

Nahj ul-Balāghah, Sermon #182

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